

True North MSP — Free Cybersecurity Checklist

1. Device Security

All company devices are protected with strong passwords or biometrics

Devices automatically lock after 5-10 minutes of inactivity

Antivirus/anti-malware software is installed and regularly updated

Operating systems and software are set to auto-update

2. Network Security

Wi-Fi networks are encrypted (WPA2 or WPA3)

Guest Wi-Fi is separate from internal company network

Firewalls are enabled on all devices and routers

Remote access (VPN) is secured with MFA

3. Account & Access Controls

Multi-factor authentication (MFA) is enabled for all critical apps

User permissions follow the principle of least privilege

Accounts are immediately disabled upon employee termination

Admin credentials are stored securely and monitored

4. Email Security

Employees are trained to recognize phishing emails

Email filtering and spam detection are active

External emails are flagged with a warning banner

Email backups are performed regularly

5. Data Protection & Backup

Regular backups are performed and tested

Sensitive data is encrypted at rest and in transit

File sharing is controlled and logged

A disaster recovery plan is documented

6. Employee Awareness

Employees have completed cybersecurity training in the last 12 months

There is a clear and enforced Acceptable Use Policy (AUP)

Staff are aware of how to report security incidents

A "Cybersecurity Champion" is assigned internally

7. Compliance & Auditing

All cybersecurity policies are up to date and reviewed annually

Access logs and changes are audited regularly

You comply with applicable data protection laws (e.g., PIPEDA, GDPR)

A cybersecurity insurance policy is in place

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■ Please complete this checklist and email it back to us at info@truenorthmsp.ca for your free consultation.